

July






BETHESDA GARDENS MONUMENT

a Bethesda Senior Living Community

Assisted Living



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>9:30a Morning Exercise – AR 10:00a Daily Chronicle – AR 10:05a Outburst – AR 11:00a Lordship Communion Service – Chpl 1:30p Sun. After. Bridge– GR 2:30p Word to the Wise - GC 3:30p Independent Crossword</p>	<p>2</p> <p>9:30a Little London Fitness–AR 10:00a Daily Chronicle – AR 10:30a Board Games: Outburst - AR 2:00p Tie Blankets w/Meg – AR 3:30p Wal-Mart Outing - BT* 6:00p Board Games – GR</p>	<p>3</p> <p>9:30a Balance Builders – AR 10:00a Bible Study – Chpl 11:00a Fourth of July BBQ (11a-2p) 2:30p St. Peters Ministry – TH 3:00p Crafters Corner - GC 4:00p Random Trivia – TH 6:00p Eve. Documentary - TH</p>	<p>4 Independence Day</p> <p>9:30a Strengthening – AR 10:00a Daily Chronicle – AR 10:15a Hymns w/Gordon–Chpl 1:30p After. Strengthening - AR 2:00p BINGO - AR 4:00p Fourth of July Work Sheet</p> 	<p>5</p> <p>9:30a Balance Builders – AR 10:00a Catholic Mass – Chpl 10:30a Never Have I Ever Word Game - AR 1:30p After. Bike Club – FR 2:00p Fancy Nails – AR 3:00p Resident Council– AR 5:30p TV Classics - TH</p>	<p>6</p> <p>9:30a Strengthening – AR 10:00a Daily Chronicle – AR 10:30a Bible Study – Chpl 11:30p Walking with a Purpose 2:30p Gardening Club - CY 3:30p B-Day Party Bobby Jackson – GR 6:15p Card Games - GR</p>	<p>7</p> <p>9:30a Morning Exercise – AR 10:30a BINGO – AR 1:00p Daily Devotional- GC 2:00p Dave Michalicek on the Piano – AL 3:30p Independent Word Scramble Worksheet 4:00p Afternoon Movie - TH</p>
<p>8</p> <p>9:30a Morning Exercise – AR 10:00a Daily Chronicle – AR 10:05a Random Trivia 11:00a Church Services – Chpl 1:30p Sun. After. Bridge– GR 2:30p Lawn Darts - GC 3:30p Independent July</p>	<p>9</p> <p>9:30a Little London Fitness–AR 10:00a Daily Chronicle – AR 10:30a Wii Trivia - TH 2:00p Tie Blankets w/Meg – AR 3:00p Walgreens - BT* 3:30p Board Games – GR 6:00p Blue Hawaii Movie</p>	<p>10</p> <p>9:30a Balance Builders – AR 10:00a Bible Study – Chpl 11:00a Meet the Directors Coffee Chat – AL 2:30p St. Peters Ministry – TH 3:00p Gardening Club - CY 4:00p Jeopardy Trivia - TH</p>	<p>11</p> <p>9:30a Strengthening – TH 10:00a Daily Chronicle – TH 10:15a Table Games - AR 1:30p Afternoon Strengthening - AR 2:30p Scenic Drive - BT* 3:30p Lawn Darts - CY</p>	<p>12</p> <p>9:00a Wellness Clinic 9:30a Balance Builders – AR 10:00a Daily Chronicle – AR 1:30p After. Bike Club – FR 2:00p DIY Greeting Cards– AL 3:30p Table Games - AR 5:30p Western Movie - TH</p>	<p>13</p> <p>9:30a Strengthening – AR 10:00a Daily Chronicle – AR 10:30a Bible Study – Chpl 11:30p Walking with a Purpose 2:30p Arm Chair Travel: Hawaii - TH 3:30p Calendar Planning - AR</p>	<p>14 Shark Awareness Day</p> <p>9:30a Morning Exercise – AR 10:30a BINGO – AR 1:00p Bean Bag Toss - CY 2:30p Gardening Club - CY 3:30p Independent Word Scramble Worksheet 4:00p Shark Documentary - TH</p>
<p>15</p> <p>9:30a Morning Exercise – AR 10:00a Daily Chronicle – AR 10:05a Did You Know? 11:00a Church Services – Chpl 1:30p Sun. After. Bridge– GR 2:30p Word to the Wise - GC 3:30p Independent Hawaiian</p>	<p>16 River Dancing Day</p> <p>9:30a Little London Fitness–AR 10:00a Daily Chronicle – AR 10:05a Pet Visits w/Cooper – AR 10:30a Gardening Club - CY 2:00p Tie Blankets w/Meg – AR 3:00p Music w/Skip Moore- AL 6:00p River Dancing DVD – TH</p>	<p>17</p> <p>9:30a Balance Builders – AR 10:00a Bible Study – Chpl 11:00a Meet the Directors Coffee Chat – AL 1:30p After. Bike Club – FR 2:30p St. Peters Ministry – AR 3:30p Rita's Jewelry - AR</p>	<p>18</p> <p>9:30a Strengthening – TH 10:00a Daily Chronicle – TH 10:15a Table Games - AR 1:30p Scenic Drive - BT* 2:45p Clay Creations - AR 3:00p Tiki Toss 6:15p BINGO – AR</p>	<p>19</p> <p>9:30a Balance Builders – AR 10:00a Daily Chronicle – AR 10:00a Catholic Mass – Chpl 10:30a Fancy Nails – AR 1:30p After. Bike Club – FR 2:00p Educational Pres. –TH 3:30p Ice Cream Social - AR</p>	<p>20</p> <p>9:30a Strengthening – AR 10:00a Daily Chronicle – AR 10:30a Bible Study – Chpl 11:30p Walking with a Purpose 2:30p Crafters Corner: Mini Pineapples - AR 3:30p Gardening Club - CY</p>	<p>21</p> <p>9:30a Morning Exercise – AR 10:30a BINGO – AR 1:00p Horse Shoes - CY 2:00p Word Game:Scrabble-AR 3:30p Independent Word Scramble Worksheet 4:00p TV Classics - TH</p>
<p>22</p> <p>9:30a Morning Exercise – AR 10:00a Daily Chronicle – AR 10:05a Word to the Wise - AR 11:00a Church Services – Chpl 1:30p Sun. After. Bridge– GR 2:00p Music with Hallie Nolders - AL</p>	<p>23</p> <p>9:30a Little London Fitness–AR 10:00a Daily Chronicle – AR 10:05a Pet Visits w/Cooper – AR 10:30a Table Games - AR 2:00p Tie Blankets w/Meg – AR 3:30p Water Coloring with Lorraine Fritts - AR</p>	<p>24 Foot Clinic & Hearing Clinic</p> <p>9:30a Balance Builders – AR 10:00a Bible Study – Chpl 11:00a Meet the Directors Coffee Chat – AL 1:30p After. Bike Club – FR 2:30p St. Peters Ministry – TH 3:00p Baking: Pineapple Cake</p>	<p>25</p> <p>9:30a Strengthening – TH 10:00a Daily Chronicle – TH 10:30a Mid Week Social - GR 1:30p Afternoon Strengthening - AR 2:30p Scenic Drive - BT* 3:30p Beach Ball Throw</p>	<p>26</p> <p>9:30a Balance Builders – AR 10:00a Daily Chronicle – AR 10:30a Gardening Club - CY 1:30p After. Bike Club – FR 2:00p Crafters Corner: Making Leis - AR 3:30p Dice Game: Yahtzee – AR</p>	<p>27</p> <p>9:30a Strengthening – AR 10:00a Daily Chronicle – AR 10:30a Bible Study – Chpl 11:30p Walking with a Purpose 2:00p Luau Social - GR 3:30p TV Classics - TH 6:15p Card Games - GR</p>	<p>28</p> <p>9:30a Morning Exercise – AR 10:30a BINGO – AR 1:00p Daily Devotional- GC 2:00p Darts - GC 3:30p Independent Word Scramble Worksheet 4:00p National Geography</p>
<p>29 Chicken Wings Day</p> <p>9:30a Morning Exercise – AR 10:00a Daily Chronicle – AR 10:05a Outburst - AR 11:00a Church Services – Chpl 1:30p Sun. After. Bridge– GR 2:30p Chicken Wings Taste Test</p>	<p>30</p> <p>9:30a Little London Fitness–AR 10:00a Daily Chronicle – AR 10:05a Pet Visits w/Cooper – AR 10:30a Gardening Club - CY 2:00p Tie Blankets w/Meg – AR 3:30p Shopping: Dollar Tree 6:00p TV Classics - TH</p>	<p>31</p> <p>9:30a Balance Builders – AR 10:00a Bible Study – Chpl 11:00a Coffee Chat – AL 1:30p After. Bike Club – FR 2:30p St. Peters Ministry – TH 3:30p Tuesday Social with Gus Meza - GR</p>			<p>Location Key: Great Room – GR Fitness Room – FR Dining Room – DR Greenland Cove – GC Courtyard – CY Indicates Outside Activity *Weather Permitting *</p>	<p>Location Key: Activity Room – AR Theatre – TH Chapel – Chpl Bus Trip – BT * - Requires Sign Up in Binder located up front</p>