

July




BETHESDA GARDENS MONUMENT

a Bethesda Senior Living Community

Greenland Cove



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>9:30a Morning Exercise – AL 10:15a Who Am I? Trivia 11:00a Lordship Communion Service – AL 1:00p Jigsaw Puzzles 2:30p Word to the Wise 3:30p Dice Games 4:00p Bean Bag Toss</p>	<p>2</p> <p>9:30a Little London Fitness– AL 10:05a Daily Chronicle 10:30a Table Games 2:30p Kick Ball 3:00p Sit and Sip 3:30p Gardening Club 4:00p Jigsaw Puzzles 6:00p Word to the Wise</p>	<p>3</p> <p>9:30a Balance Builders – AL 10:00a Bible Study – AL 11:00a Fourth of July BBQ (11a-2p) 2:30p St. Peters Ministry – AL 3:00p Crafters Corner: 4:00p Shake a Memory Loose</p>	<p>4 Independence Day</p> <p>9:30a Strengthening – AL 10:00a Daily Chronicle – AL 10:15a Hymns w/Gordon–AL 1:30p After. Strengthening - AL 2:00p BINGO - AL 4:00p Fourth of July Work Sheet </p>	<p>5</p> <p>9:30a Balance Builders 10:00a Catholic Mass – Chpl 10:30a Never Have I Ever Word Game - AL 1:30p After. Bike Club – AL 2:00p Fancy Nails 3:00p Resident Council 4:00p Word Games</p>	<p>6</p> <p>9:30a Strengthening – AL 10:00a Daily Chronicle 10:30a Bible Study – AL 1:00p Guided Relaxation 2:30p Kickball 3:30p B-Day Party Bobby Jackson – GR 6:15p Card Games - AL</p>	<p>7</p> <p>9:30a Morning Exercise – AL 10:30a BINGO – AL 1:00p Daily Devotional- GC 2:00p Dave Michalicek on the Piano – AL 3:00p Sit & Sip 3:30p Gardening Club 5:30p Golden Girls Special</p>
<p>8</p> <p>9:30a Morning Exercise – AL 10:15a Random Trivia 11:00a Church Services – AL 1:00p Card Games 2:30p Lawn Darts 3:30p Independent July Word Search</p>	<p>9</p> <p>9:30a Little London Fitness– AL 10:30a Wii Trivia - AL 1:00p Sounds of the Ocean 2:30p Balloon Volleyball 3:00p Sit and Sip 3:30p Board Games 4:00p Name That Dog!</p>	<p>10</p> <p>9:30a Balance Builders – AL 10:00a Bible Study – AL 11:00a Meet the Directors Coffee Chat – AL 2:30p St. Peters Ministry – AL 3:00p Gardening Club 4:00p Life Stories</p>	<p>11</p> <p>9:30a Strengthening – AL 10:00a Daily Chronicle 10:15a Table Games 1:30p Afternoon Strengthening - AR 2:30p Scenic Drive - BT* 3:30p Creative Creations</p>	<p>12</p> <p>9:30a Balance Builders 10:00a Daily Chronicle 10:30a Morning Sing-A-Long 1:30p After. Bike Club – AL 2:00p DIY Greeting Cards– AL 3:30p Table Games: Jenga 5:15p Musical Classic Movie</p>	<p>13</p> <p>9:30a Strengthening – AL 10:00a Daily Chronicle 10:30a Bible Study – AL 1:00p Hand Massages 2:30p Arm Chair Travel: Hawaii - TH 3:30p Table Games</p>	<p>14</p> <p>9:30a Morning Exercise – AL 10:30a BINGO – AL 1:00p Bean Bag Toss - CY 2:30p Gardening Club 3:00p Sit & Sip 3:30p Word Scramble 5:30p Shake A Memory Loose</p>
<p>15</p> <p>9:30a Morning Exercise – AL 10:15a Did You Know? 11:00a Church Services – AL 1:00p Card Games 2:30p Word to the Wise 3:30p Daily Chronicle & Trivia 4:00p Hawaiian Word Search</p>	<p>16 River Dancing Day</p> <p>9:30a Little London Fitness– AL 10:15a Pet Visits w/Cooper 10:30a River Dancing Special 2:30p Bowling Mania 3:00p Music w/Skip Moore- AL 4:00p Would You Rather? 6:00p Bean Bag Toss</p>	<p>17</p> <p>9:30a Balance Builders – AL 10:00a Bible Study – AL 11:00a Meet the Directors Coffee Chat – AL 2:30p St. Peters Ministry – AL 3:30p Dice Game: Yahtzee 4:00p Balloon Volleyball</p>	<p>18</p> <p>9:30a Strengthening – AL 10:00a Daily Chronicle 10:15a Card Games: UNO 1:30p Scenic Drive - BT* 2:45p Clay Creations 3:00p Tiki Toss 6:15p BINGO – AL</p>	<p>19</p> <p>9:30a Balance Builders 10:00a Catholic Mass – Chpl 10:30a Table Games: Jenga 1:30p After. Bike Club – AL 2:00p Fancy Nails 3:30p Ice Cream Social - AL 5:15p Jigsaw Puzzles</p>	<p>20</p> <p>9:30a Strengthening – AL 10:00a Daily Chronicle 10:30a Bible Study – AL 1:00p Soothing Sounds&Stories 2:30p Crafters Corner: Mini Pineapples 3:30p Outdoor Games - CY</p>	<p>21</p> <p>9:30a Morning Exercise – AL 10:30a BINGO – AL 1:00p Horse Shoes - AL 2:00p Card Games 3:00p Sit & Sip 3:30p Hawaiian Word Scramble 5:30p Movie Classic</p>
<p>22</p> <p>9:30a Morning Exercise – AL 10:15a Word to the Wise 11:00a Church Services – AL 1:00p Card Games 2:00p Sunday Music with Hallie Nolders - AL 3:30p Kickball</p>	<p>23</p> <p>9:30a Little London Fitness– AL 10:15a Pet Visits w/Cooper 10:30a Games in the Patio 2:00p Rita's Jewelry - AR 3:00p Sit and Sip 3:30p Water Coloring with Lorraine Fritts - AL</p>	<p>24 Foot Clinic & Hearing Clinic</p> <p>9:30a Balance Builders – AL 10:00a Bible Study – AL 11:00a Meet the Directors Coffee Chat – AL 2:30p St. Peters Ministry – AL 3:00p Baking: Pineapple Cake 4:00p Coconut Bowling</p>	<p>25</p> <p>9:30a Strengthening – AL 10:00a Daily Chronicle 10:30a Mid Week Social - GR 1:30p Afternoon Strengthening - AR 2:30p Scenic Drive - BT* 3:30p Beach Ball Throw</p>	<p>26</p> <p>9:30a Balance Builders 10:00a Daily Chronicle 10:30a Gardening Club 1:30p After. Bike Club – AL 2:00p Crafters Corner: Making Leis - AR 3:30p Dice Game: Farkle</p>	<p>27</p> <p>9:30a Strengthening – AL 10:00a Daily Chronicle 10:30a Bible Study – AL 1:00p Guided Imagery 2:00p Luau Social - AL 3:30p TV Classics 6:15p Card Games</p>	<p>28</p> <p>9:30a Morning Exercise – AL 10:30a BINGO – AL 1:00p Daily Devotional 2:00p Darts 3:00p Sit & Sip 3:30p Word Games 5:30p Shirley Temple Special</p>
<p>29 Chicken Wings Day</p> <p>9:30a Morning Exercise – AL 10:15a Board Games: Outburst 11:00a Church Services – AL 1:00p Card Games 2:30p Chicken Wings Taste Test 3:30p Picture Find</p>	<p>30</p> <p>9:30a Little London Fitness– AL 10:15a Pet Visits w/Cooper 10:30a Chit Chats on the Patio 2:30p Balloon Volleyball 3:00p Sit and Sip 3:30p Painting Sensations 4:00p Word Games</p>	<p>31</p> <p>9:30a Balance Builders – AL 10:00a Bible Study – AL 11:00a Coffee Chat – AL 2:30p St. Peters Ministry – AL 3:30p Tuesday Social with Gus Meza - GR 4:00p Bean Bag Toss</p>	<p>Location Key: AL – Assisted Living BT* – Bus Trip Indicates Outside Activity *Weather Permitting *</p>	